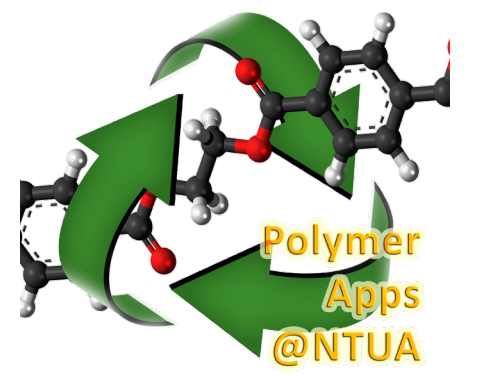




# Technologies to develop active packaging



## An attempt to survey existing encapsulation systems in the packaging material

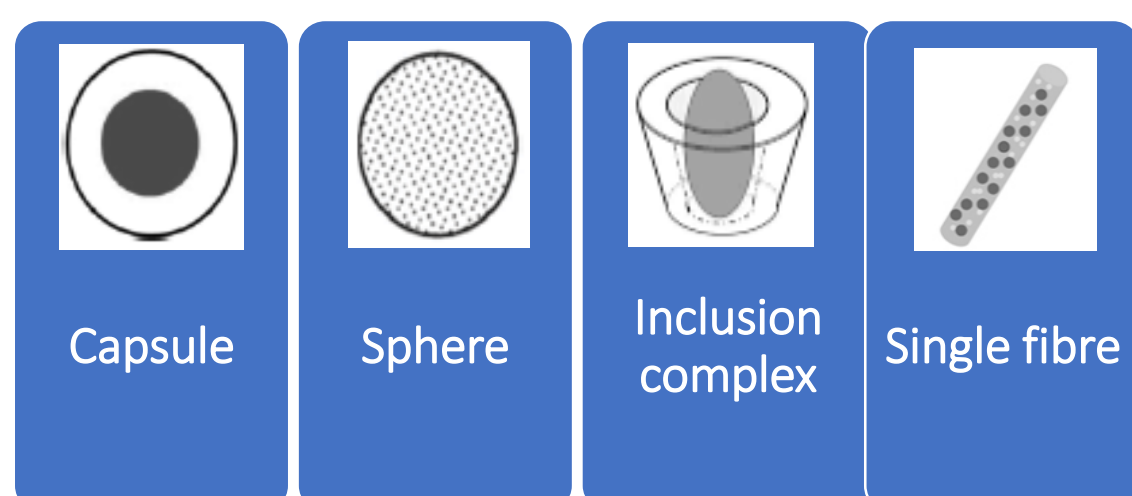
S. Vouyiouka, E.M. Barampouti, S. Mai, C.D. Papaspyrides

Laboratory of Polymer Technology, School of Chemical Engineering,  
National Technical University of Athens, Zografou Campus 15780 Athens

### Introduction

**Encapsulation** is the expertise of “wrapping” solids, liquids, or gaseous materials in micro/nanoparticles in order to protect their physicochemical characteristics and control their release rates.

The micro/nanoparticles can be roughly classified into capsules and spheres, while electrofluidodynamic processes offer the option to form nanofibers or coatings with nanobeads with high surface-to-volume ratios.



### Active Components

Attempts to encapsulate flavors, antimicrobials, fragrances, coloring materials, printing inks, time-temperature indicators, into food packaging materials can be found in literature (Fig.1), aiming to improve product quality and to prolong shelf life.

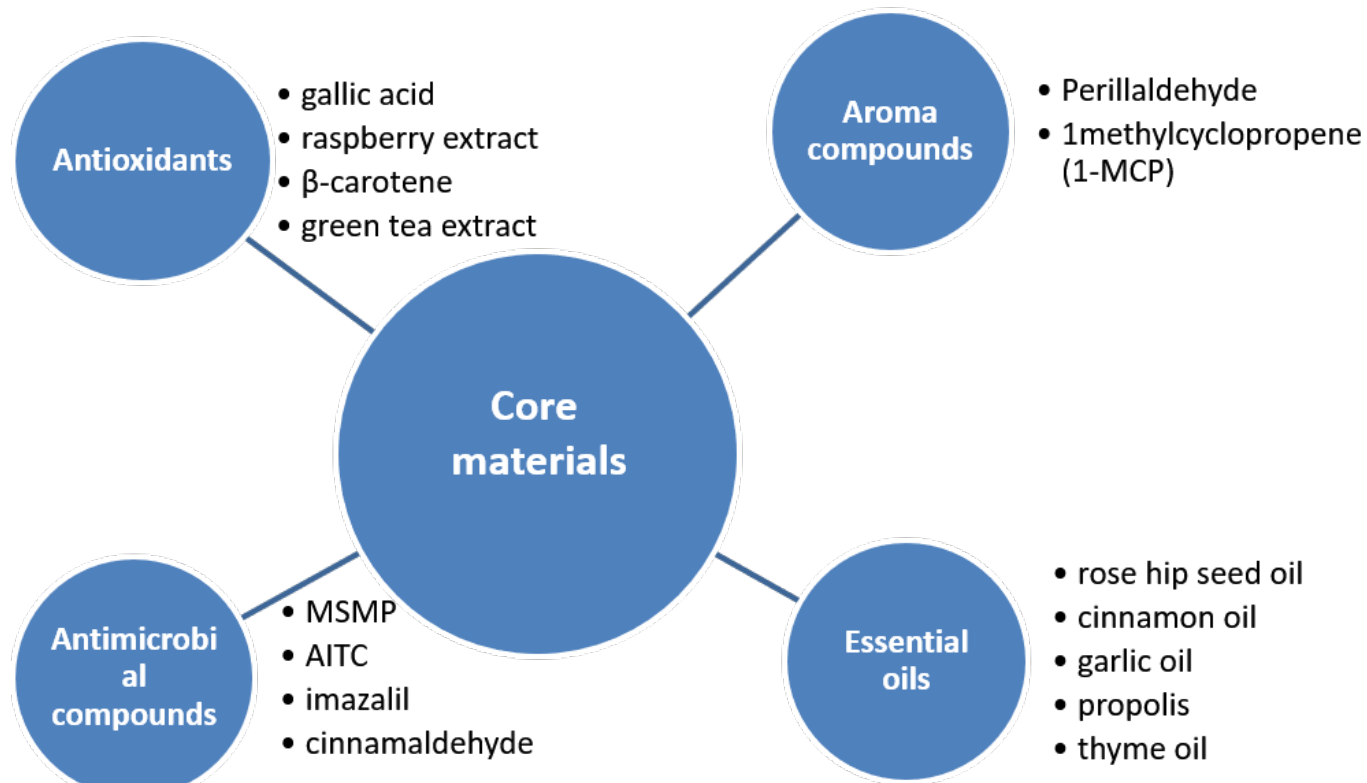


Figure 1. Core materials used in active packaging

### References:

- Aydogdu A, Sumnu G, Radusin T, Bras J, Cakmak H, Tavman S, Gregor-Svetc D, Vouyiouka S, Barampouti E.M, Mai S, Papaspyrides C, Ghate V, Hayouka Z, Turkoglu H. Novel approaches and materials to develop active packaging. *Critical Reviews in Food Science and Nutrition*. Submitted
- Kamtsikakis A, Kavetsou E, Chronaki K, Kiosidou E, Pavlatou E, Karana A, Papaspyrides C, Detsi A, Karantonis A, Vouyiouka S. Encapsulation of antifouling organic biocides in poly(lactic acid) nanoparticles. *Bioengineering* 2017;4(4):81
- Roussaki M, Gaitanarou A, Diamanti P-Ch, Vouyiouka S, Papaspyrides C, Kefalas P, Detsi A. Encapsulation of the natural antioxidant auresusidin in biodegradable PLA nanoparticles. *Polym. Degrad. Stab.* 2014;108:182-187

### Encapsulation Techniques

Loaded micro/nanoparticles can be synthesized either from monomers (*in situ* polymerization) or from a preformed polymer (synthetic or natural material). In the first case, monomers are polymerized to form mainly capsule topology *via* **emulsion** and **interfacial techniques**.

In the second case, **solvent evaporation** and **complex coacervation** have been reported as appropriate techniques to prepare antioxidant, antimicrobial, antifungal and insect-repeller films *via* encapsulating vegetable essential oils.

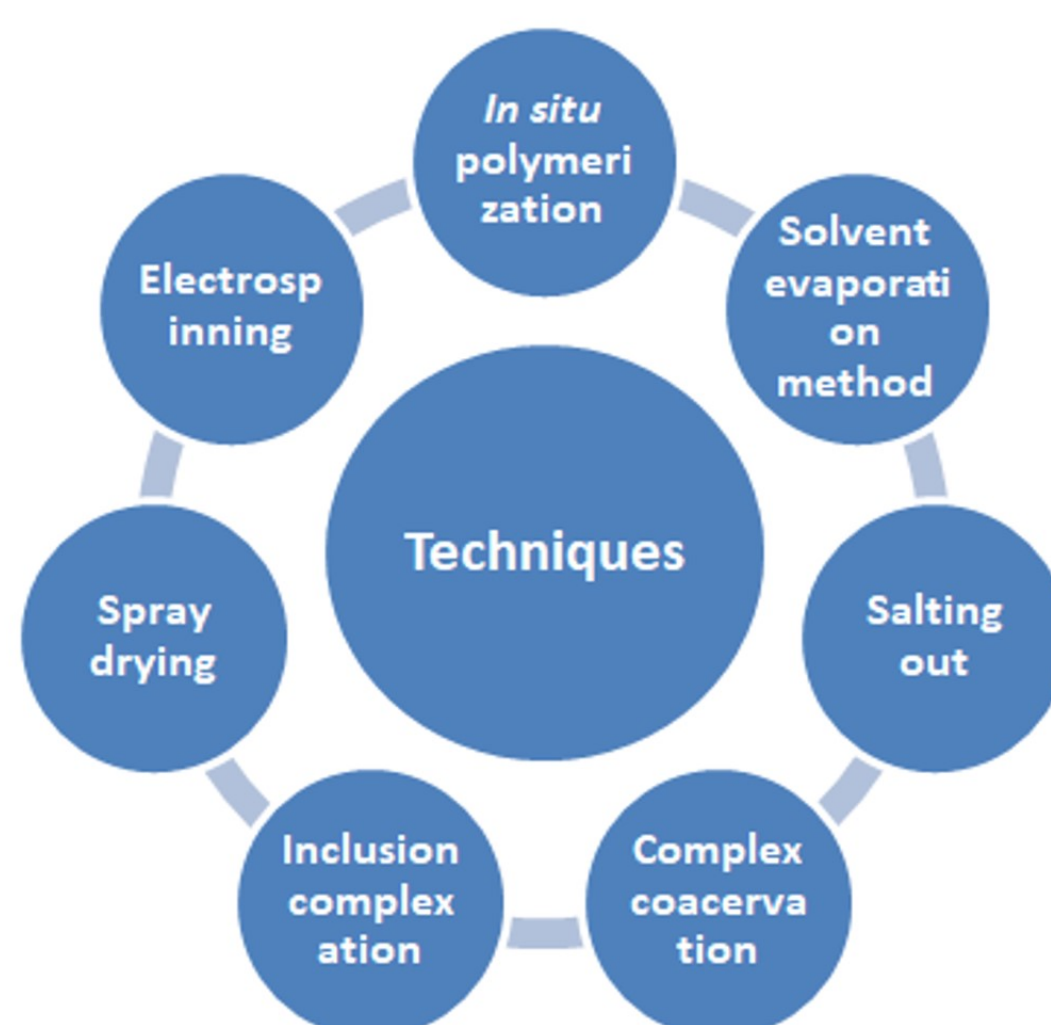


Figure 2. Encapsulation techniques applied in active packaging

Regarding encapsulation of antimicrobial compounds (nisin, pediocin, lysozyme) *via* **liposomes**, different formulations of lipids have given significant results for inhibiting *Listerial spp.* in dairy and meat food matrix. **Spray drying** is the most extensively used micro encapsulation technique in the food industry (flavor, vitamins, lipids, etc.), but limited application in packaging.

On the other hand, encapsulation of food materials *via* **electrospinning** has demonstrated serious advantages in active food packaging applications

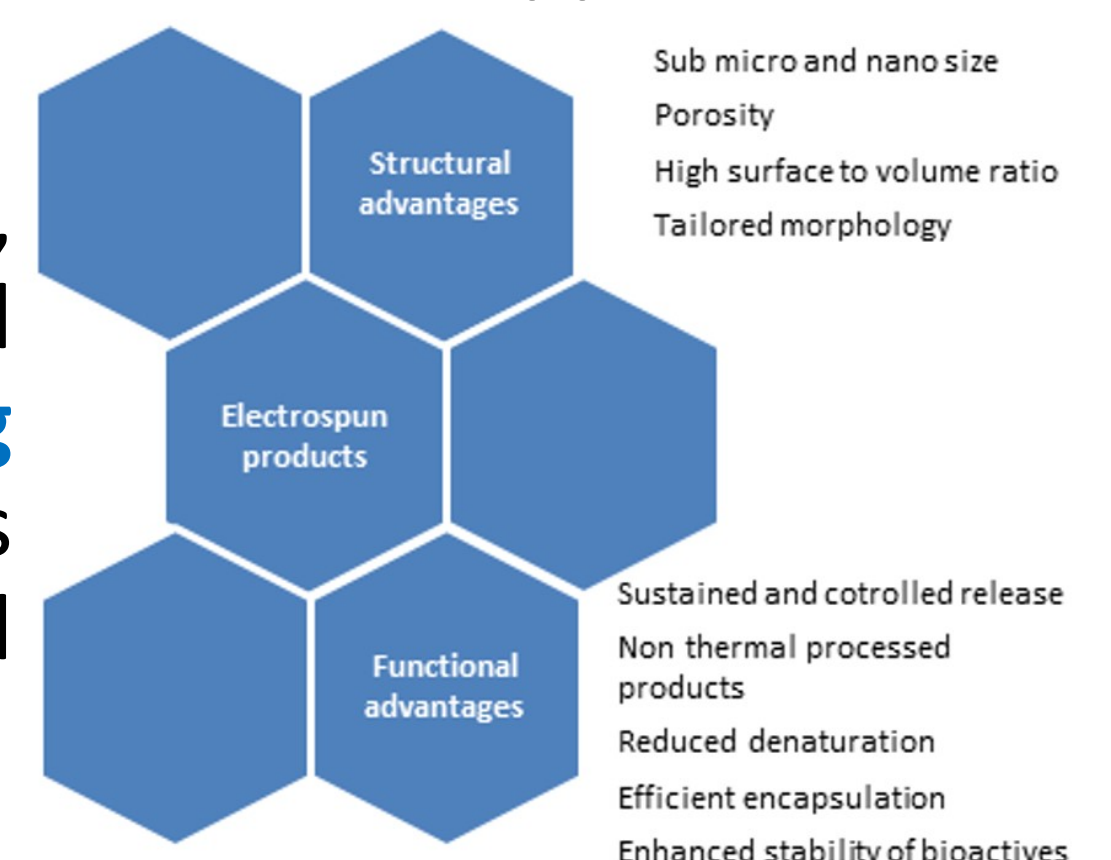


Figure 3. Electrospinning advantages

### Conclusions

Among the numerous encapsulation techniques found in literature, **inclusion complexation with cyclodextrins and electrospinning** are the predominant ones for the development of new packaging materials with promising results.